



Mrs Robinson: [headteacher@dronfieldstonelow.derbyshire.sch.uk](mailto:headteacher@dronfieldstonelow.derbyshire.sch.uk)  
 Mrs Hardcastle: [shona.hardcastle@dronfieldstonelow.derbyshire.sch.uk](mailto:shona.hardcastle@dronfieldstonelow.derbyshire.sch.uk)  
 School: 01246 414370 Mrs Hardcastle: 07510 259566

Whole school

If you would like to share what you have been doing or just have a line of communication, please email or call.

Complete tasks in any order:

1

2

3

4

5

**Mrs Robinson**



Remember to login to our assembly on a Mon, Tues, Wed and Fri at 3pm.  
 Login:  
 303 198 8504  
 SJSCR1  
 Random Acts of kindness are important - even more so now than ever before. Being kind to each other will help us to get through this. Click [HERE](#) to watch this video.  
 Try and do a random act of kindness every day. If you would like, e-mail them to me and let me know what they are.

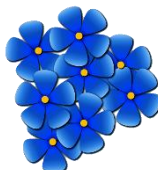
Who doesn't love a penguin?! The penguins at Edinburgh zoo are always busy doing something! Click [here](#) to watch them live.  
 You can explore the zoo website, too! Maybe you could do some penguin research and write a fact file. If you do then please e-mail it to me!

If you get time, why don't you have a go at painting or drawing a picture of your own? You could create one around the theme of 'HOME'. Please e-mail them to me if you can!

Have you ever written a limerick?! Listen to some examples [HERE](#), then have a go at writing one yourself - you could try and write one with your name! You could draw your ideas first, and try out your rhyming words then see how silly or funny you can make it!

Most of us love to read a David Williams story! Do you? Do you have a favourite? Click [HERE](#) to listen to David read an excerpt from Gangsta Granny!  
 Enjoy!

**Mrs Hardcastle**



Today let your imagination run wild and invent a new creature particularly adapted to a certain spot outdoors or even in your house.  
 Create the creature out of clay, play dough, household items - whatever you have to hand!  
 How does it eat? Where does it sleep? How does it defend itself? How does it feel?  
 Click [HERE](#) to find out how.

We all feel so many different emotions. Click [HERE](#) to remind yourself of the words. Remember if you can name the emotion you will feel more in control and regulated.

Wrapping language around how you feel and sharing this with someone you trust really does help. Stick by my motto ..... talk,talk,talk.

Re visit the Hand Brain Model learning. Watch the video [HERE](#) to remind yourself of how our amazing brain supports and soothes our reactions.

You will have heard people talking about racism or seen it on the news recently. Everyone, no matter of colour, religion or gender has the right to feel safe and cared for.  
 Once you have watched the clip [HERE](#) talk to your grownups and friends or email school if you have any questions.  
 Newsround has information on racism should you wish to find out more.

Click [HERE](#) for instructions to make a miniature garden.  
 Spending time outdoors produces Oxytocin. This floods your brain with feel good chemicals.  
 Have a lovely day creating your mini garden.  
 Maybe your creature from Monday could live in your new environment!